



SUMMER OF INNOVATION

NASA White Sands Test Facility

How to Make a Peanut Butter Sandwich Report

Sam Bread, Sally Butter,
Julie Jelly, and Jim Knife

Introduction

- Prepare an instructional presentation on how to make a peanut butter and jelly sandwich
- Include an introduction, statement of purpose, material and setup descriptions, step-by-step instructions, and results and discussion
- Provide figures (plots or graphs), tables, or photos as needed
- Show step-by-step instruction
- Give results
- Present discussion
- Draw conclusions

Objective

- Make a peanut butter and jelly sandwich

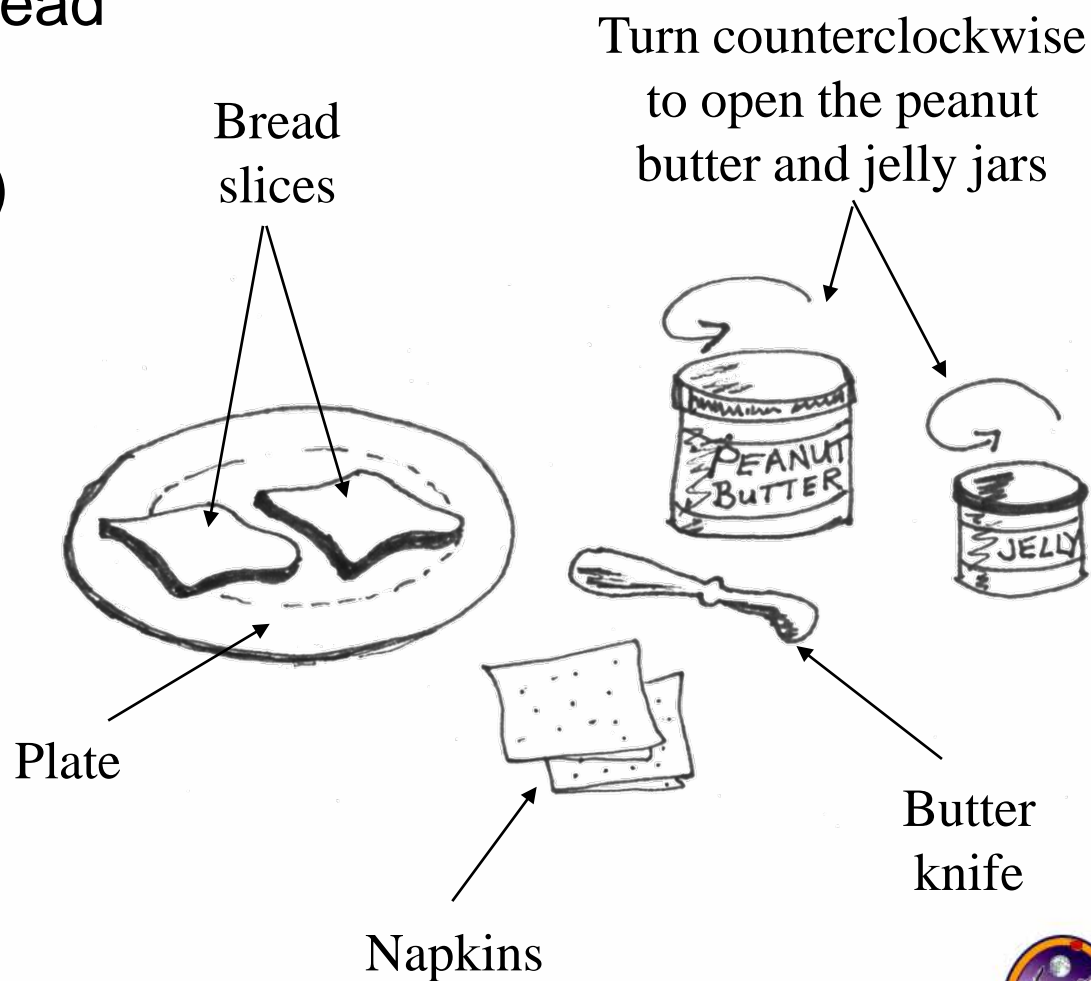


Safety Requirements or Concerns

- Ensure
 - participants do not have peanut allergies
 - clean preparation surface

Materials

- Necessary materials
- One loaf of sliced white bread
- One jar of peanut butter
- One jar of jelly (any flavor)
- One butter knife
- Plate
- Two napkins



Procedures

After setup:

- With a butter knife, scoop out about a tablespoon of peanut butter and smooth it out evenly on one slice of bread.
- Wipe the knife clean with one end of the napkin.
- With the butter knife, scoop out about a tablespoon of jelly and spread it evenly on the other slice of bread.
- Wipe the knife clean with the other end of the napkin.

Procedures (continued)

- Lift both slices of bread off the clean surface and put the sides covered with peanut butter and jelly together, matching the four corners.
- Place the sandwich on the plate, and slice it diagonally with the butter knife.
- Now the sandwich is ready to eat and enjoy!





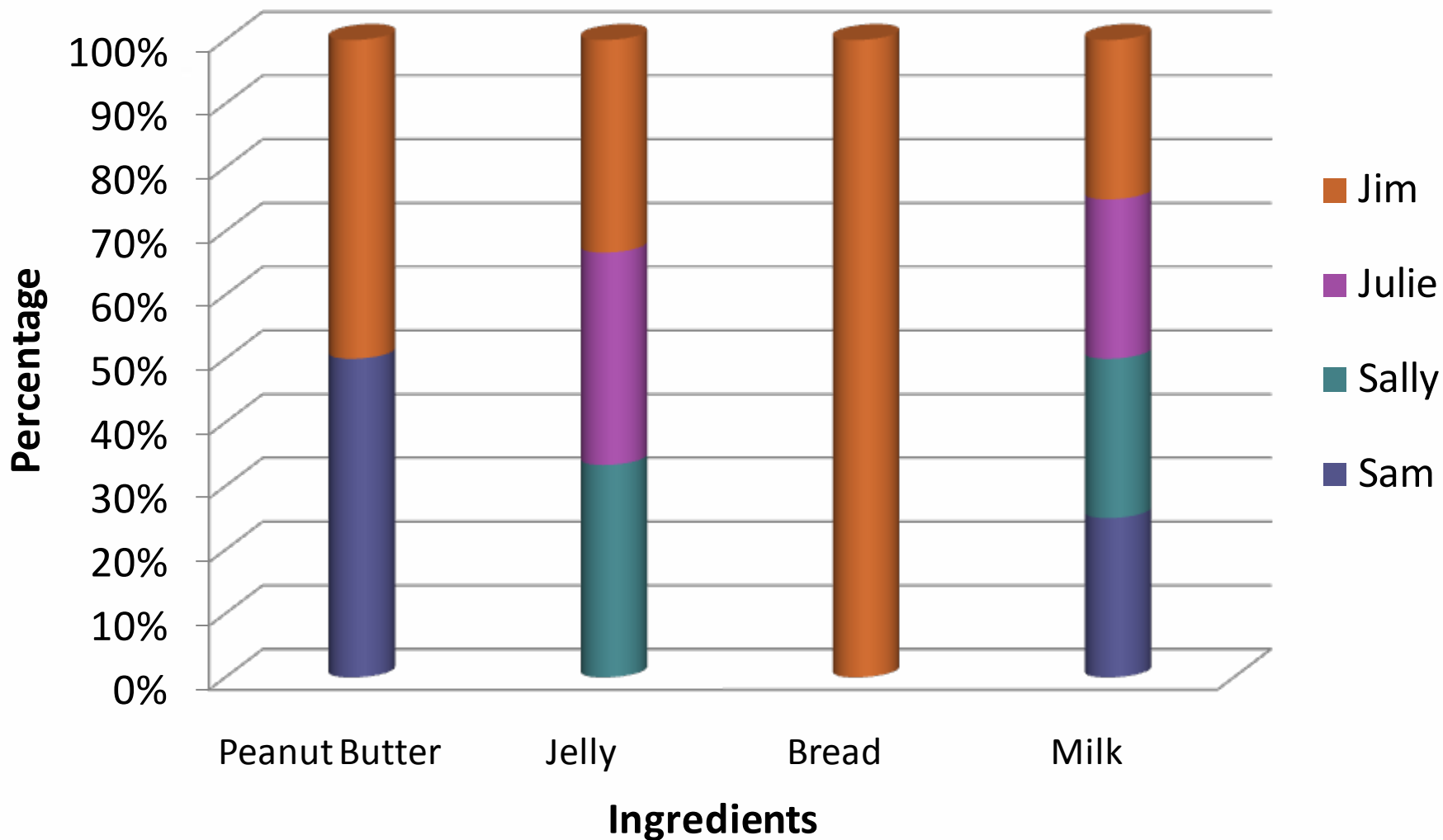
Results

Preferences for Larger Quantities of Ingredients

Student	Peanut Butter	Jelly	Bread	Milk
Sam	X			X
Sally		X		X
Julie		X		X
Jim	X	X	X	X



Preferences for Larger Quantities of Ingredients



- ## References

- BlogSpot.com. *Can you Explain This?* [Internet] Wednesday, 2009 Aug 05. Available from: <http://theobservedblog.blogspot.com/2009/08/frozen-peanut-butter-and-jelly.html>. Accessed: June 18, 2010.

- ## Bibliography

- Anonymous. *How to make a Peanut Butter and Jelly Sandwich!* [Internet]. Version 2. Knol. 2009 Jan 31. Available from: <http://knol.google.com/k/anonymous/how-to-make-a-peanut-butter-and-jelly/1tkvca5lqa02x/1>. Accessed: June 16, 2010.
- eHow. *How to make a Peanut Butter and Jelly Sandwich.* http://www.ehow.com/video_1323_make-peanut-butter.html. Accessed: June 16, 2010.
- YouTube. *How to make a Peanut Butter and Jelly Sandwich.* <http://www.youtube.com/watch?v=GX1EjqXAszM&feature=related>. Accessed: June 16, 2010.